



Certificate of Achievement

Cookie Rookie

I _____, hereby certify that _____ was super successful in curbing his/her
(parent) (child)
craving for cookie dough and has promised to follow the “Cookie Rookie Pledge and Cooking Code”:

1. Wait until cookies are ooey-goey and fully baked before digging in. Steer clear of licking spoons, bowls and beaters!
2. Wash hands before, during and after handling food – that means cooking, baking and eating! Sing two choruses of “Happy Birthday” to time yourself.
3. Remind grown-ups to use two separate cutting boards for raw meat, like turkey, and ready-to-eat-foods, like carrot sticks. Use two different colored cutting boards for an easy reminder.
4. Make sure grown-ups cook foods to proper temperatures by using a meat thermometer. For example, make sure whole turkey is cooked to 180°F.
5. Help store leftover foods in a refrigerator set below 40°F. Do this within two hours after foods are cooked.

Congratulations ... there is a new home food safety star on the rise!